



Kidney Health for all.
Optimal care for people
with kidney disease.

IFKF-WKA Connect
April 2023
Official Newsletter of IFKF-WKA

IFKF-WKA Connect

April 2023

Content

Editorial Board

Ms. L Kumaraswami
Ms. A Onat
Ms. E Obeng
Mr. Tashi Namgay
Dr. SF Lui
Dr. Kam Kalantar

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PRESIDENT'S MESSAGE

Ms Latha A. Kumaraswami

Managing Trustee, TANKER Foundation, Chennai, India



Dear Members,

It is a great pleasure to write to you all once again.

I hope this message finds you all in good health and high spirits. I take this opportunity to update you on the significant progress and achievements of our association in the past three months.

First and foremost, I would like to express my gratitude to each and every member who has contributed their time, expertise, and dedication to advancing the goals and objectives of our association. Your unwavering support has been a great help.

Over the past three months, we have focused on several key areas, and I am delighted to share some of the notable work done:

PRESIDENT'S MESSAGE

Ms Latha A. Kumaraswami

Managing Trustee, TANKER Foundation, Chennai, India.



Membership Growth: Our association has experienced an increase in membership. Through talking and writing to Foundations, we have got four new members. In this regard we request for support from every Member here to bring in one new member and help us grow.

Professional Development Initiatives: We understand the importance of continuous learning and development for our members. In line with this commitment, we will be organizing numerous workshops, webinars, and training sessions in the months to come. These events will cover a wide range of topics, including the latest trends, emerging technologies, equipping our members with valuable insights and tools to excel in their respective focus areas.

PRESIDENT'S MESSAGE

Ms Latha A. Kumaraswami

Managing Trustee, TANKER Foundation, Chennai, India.



Strengthening Member Services: We have dedicated significant efforts to enhance the services and resources available to our members. Our website is offering a user-friendly interface, an online community platform for members to engage and update their important activities. We invite all our members to post on the IFKF-WKA FB, Insta and Twitter accounts and gain visibility and increase networking opportunities.

These achievements are a testament to the collective efforts of our association's team effort, committees, volunteers, and, most importantly, our dedicated members. It is through your commitment and passion that we continue to thrive and make a positive impact globally.

Regards,

Latha



Secretary Message

SECRETARY'S REPORT

Dr. Dina Abdellatif

NKF-ESNT, Egypt



In this newsletter we highlight all the magnificent events that took place around the world celebrating the World Kidney Day. More than 1500 events were held around the globe aiming to raise the awareness with kidney disease. The theme this year was **Kidney Health for All. “Preparing for the unexpected, supporting the vulnerable!”**. Disasters and crisis happen every now and then somewhere in the world (pandemics, earthquakes, extreme weather changes), such emergency put patients and the health care systems in a serious challenge. The theme was to highlight the importance of being prepared for such relentless events.



Secretary Message

SECRETARY'S REPORT

Dr. Dina Abdellatif

NKF-ESNT, Egypt



In this regard, together with ISN joint steering committee an editorial was published in the Kidney International discussing the effect of disasters on the kidney patients and addressing a plan on how to be prepared for such situations. Moreover, a podcast was organized few days before the World Kidney Day that was followed by webinar on the day of the World Kidney Day. Besides, there was a dedicated session in the WCN for this topic. We hereby encourage everyone and all foundations and organizations to share with us there in the World Kidney Day 2023, in our coming webinar that will be announced very soon.

Sincerely, _____

Dina



Committee
Members &
Portfolio
Jan 23 – Dec 24

COMMITTEE MEMBERS & PORTFOLIOS

1. **Executive Committee** : Dr. SF Lui, Dr.Kam Kalantar, Mr. Carlos Castro, Dr.Alessandro Balducci
Dr. Dina Abdellatif, Ms. Latha A Kumaraswami
2. **Membership Committee**: Dr. SF Lui, Dr.Joel Kopple, Ms.Ayse Onat,Ms.Esther Obeng,Mr.Zaki Morad
3. **Finance & Fundraising Committee**: Dr.SF Lui, Dr.Kam Kalantar, Mr.Carlos Castro,
Dr.Dina Abdellatif, Ms.Latha A Kumaraswami
4. **Communication & Outreach Committee** : Dr.Kam Kalantar, Ms. Ayse Onat, Ms.Esther Obeng,
Mr. Tashi Namgay, Dr.SF Lui.
5. **Education, Publication & Program Committee** : Dr.Kam Kalantar, Dr.Joel Kopple,
Ms.Haris Agnes, Dr. Alessandro Balducci, Dr. Dina Abdellatif, Dr. Harun Ur- Rashid
- 6 **Website Management Committee**: Dr.SF Lui, Dr.Dina Abdellatif, Ms. Latha A Kumaraswami



Kidney
Foundation
Bangladesh

Activities of Kidney Foundation Bangladesh

(January, February, March – 2023)

Progress in treatment of end stage Renal disease in haemodialysis (HD), Chronic Ambulatory Peritoneal Dialysis (CAPD) and Kidney transplant (KT) including incidence of Acute Kidney Injury, no. of kidney biopsy for last 3 months.

In 2023, on 18th January we have successfully organized a 1st ever diseased kidney transplant in cooperation with Bangabandhu Sheikh Mujib Medical University (BSMMU). Donor was a 22 years girl who died during surgery of tuberous sclerosis which she was suffering since her childhood. She died in the ICU of BSMMU and one kidney is transplanted in BSMMU and Other kidney by Kidney foundation. Both the recipient were from Kidney Foundation waiting list. Both of them are well.

	January	February	March	Total
HD Patients	627	655	680	650-750
HD Sessions	5892	5534	5990	17416
CAPD	1	4	1	6
Transplant	3	2	5	10
AVF	176	162	180	518
Temporary venous catheter	147	153	147	447
Tunneled catheter	3	1	0	4
Renal Biopsy	28	23	25	76
AKI	55	56	36	147
Hospital Admission	479	451	467	1397



Kidney
Foundation
Bangladesh

Total Training Sessions – 20

Per session Participants - 30

Total Participants 20 x30 = 600 Doctors

January: 10 Batch, February: 10 Batch



**Continue Medical Education (CME) organized
by Kidney Foundation in 2023.**

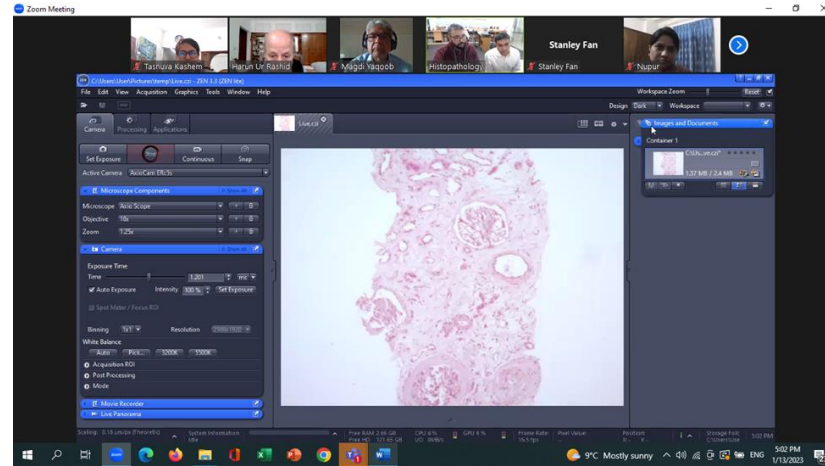
Total Teaching Sessions – 04

January – 03

March – 01

Biopsy Meeting

Monthly virtual biopsy meeting with Royal
London Hospital, UK.



World Kidney Day, 2023





Kidney
Foundation
Bangladesh

Internship on Renal Nutrition

Total number of students

From Daffodil university

From Dhaka University – 01



Training on renal nutrition at
Kidney Foundation



Training Given to Students of Pharmacy at
Kidney Foundation

Number of Students: 10

From Jahangirnagar University



The Barbados
Kidney
Association



Barbados Kidney Association



Some of our members attended a
Church Service at the New
Dimension Church on Sunday, May
5, 2023 at 8:30 AM.

Pamela received a kidney from her daughter Dionne



Pamela Whitehall



Dionne Timothy

Sadie-Ann received a kidney
from her brother Sheldon





The Barbados
Kidney
Association



Barbados Kidney Association



MR. JASON BELLE FROM ONE OF OUR TOP RADIO STATIONS INTERVIEWED
TWO KIDNEYDONORS AND TWO RECIPIENTS ON MARCH 11, 2023



Barbados Kidney Association



The Barbados
Kidney
Association



We had a wonderful 3 kilometer walk in the beautiful Coverley Villages on March 12, 2023 at 4:30 PM.





Fundanier
Guatemala



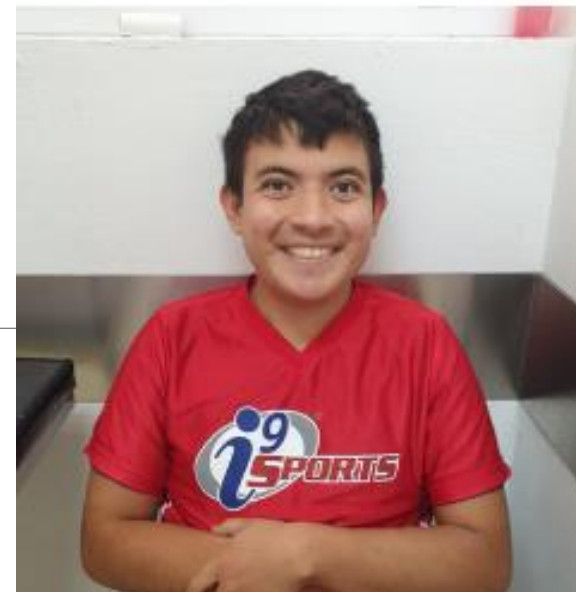
Fundanier's activities January to April 2023

Training on Blood Pressure
for units personnel.



Strategic
Planning

Donation
of Masks



First Transplant of the
Year



Fundanier
Guatemala

Seminar on Acute Injury



Symposium on Pediatric Nephrology in Escuintla.



II Trifinio Summit Of Pediatric Transplant





Fundanier
Guatemala

Class of pediatric nephrology to the medical residents of the Pediatric Oncology Unit



International Women's Day



First sporting event with hemodialysis patients





Fundanier
Guatemala

World Kidney Day Celebrations



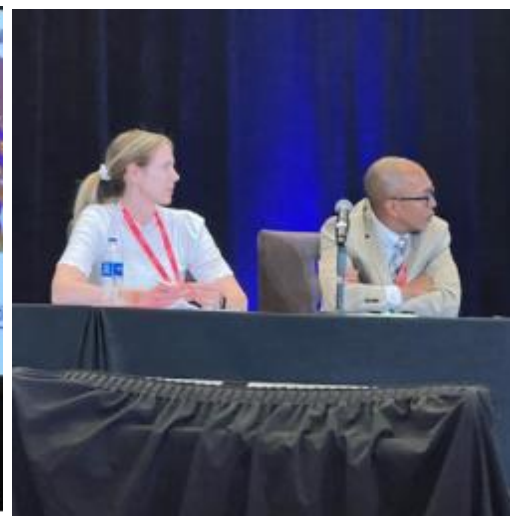
Mission for life" construction of rooms for patients on peritoneal dialysis





Fundanier
Guatemala

El Dr. Lou Meda was an invited speaker for the XII Congress on Transplant hosted by the Pediatric Transplant Society in Austin, Texas.



1st cadaverous
transplant
of 2023.



Finances training for the
FUNDANIER team.





Hungarian Kidney
Foundation

Hungarian Kidney Foundation

President Prof. emer. Dr. László Rosivall

March, 2023

MULTIDISCIPLINARY APPROACH OF CHRONIC RENAL DISEASE

SYMPOSIUM, MARCH, 2023

ORGANIZED BY

HUNGARIAN SOCIETY OF NEPHROLOGY AND HUNGARIAN KIDNEY
FOUNDATION

SUPPORTED BY ASTELLAS PHARMA



One of ten of all Europeans,

One of five of hypertensive patients

One of three of diabetic patients

Live with chronic kidney disease

Most of them do not even know it!

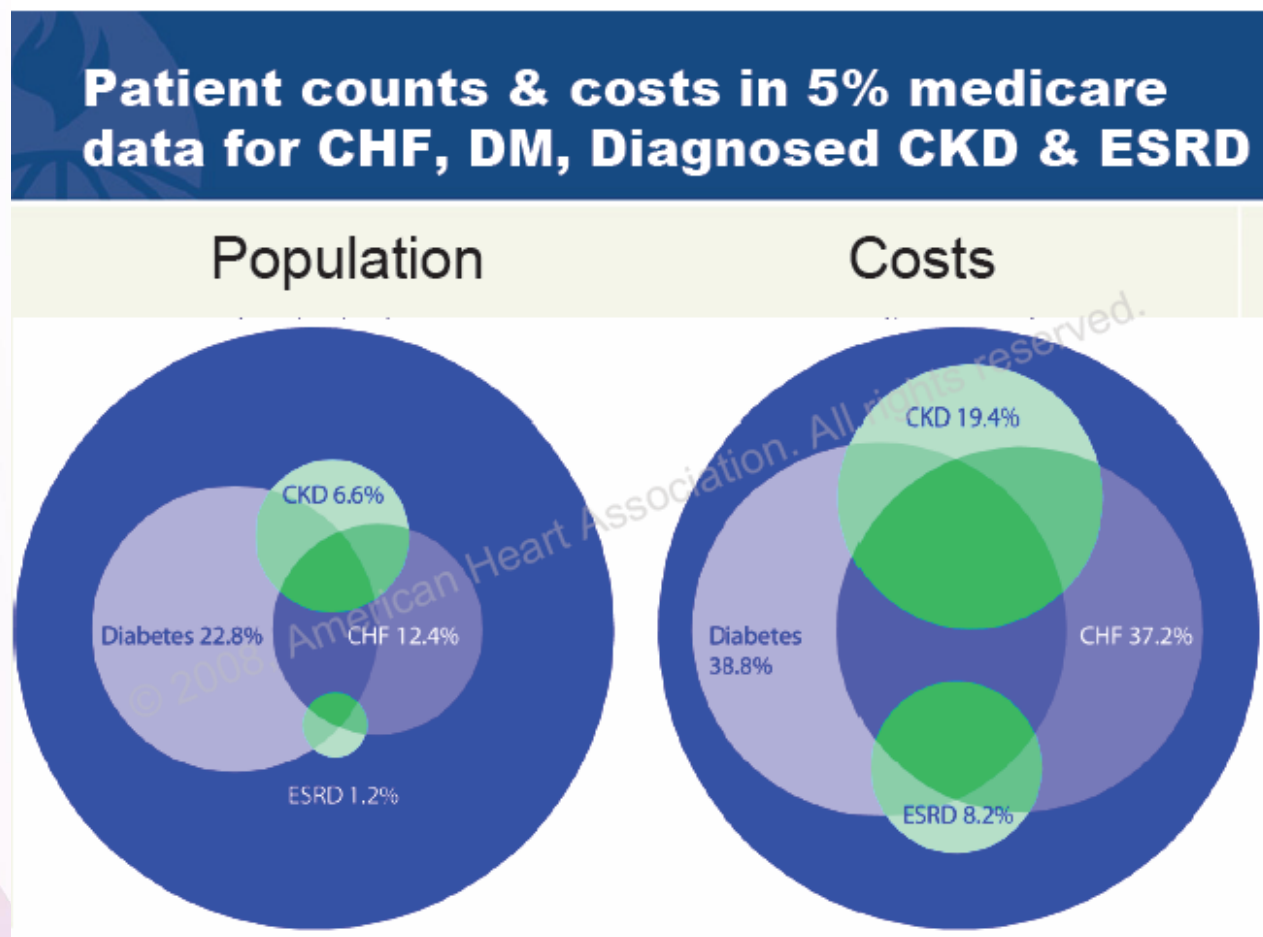
Suggested by Professor László Rosivall, organized since
2006

In Hungary approximately 1.5 million people live with decreased renal function



BAD NEWS

Chronic kidney disease is an expensive condition for the society
Its prevention is both healthcare and economical issue!

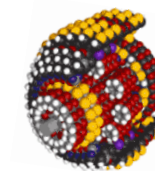


Good news: it can be prevented!



AIMS and MISS

- **Prevention, education, appropriate lifestyle**
- Early diagnosis, regular check-ups
- Treatment, follow-up
- Renal replacement therapy, dialysis, transplantation
- **Rehabilitation**



Basis of the holistic approach / therapy / follow-up

Individualized, complex patient care

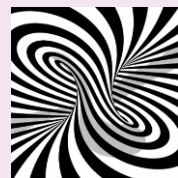
Etiology of the disease, its consequences and effects on the patient

Cooperation

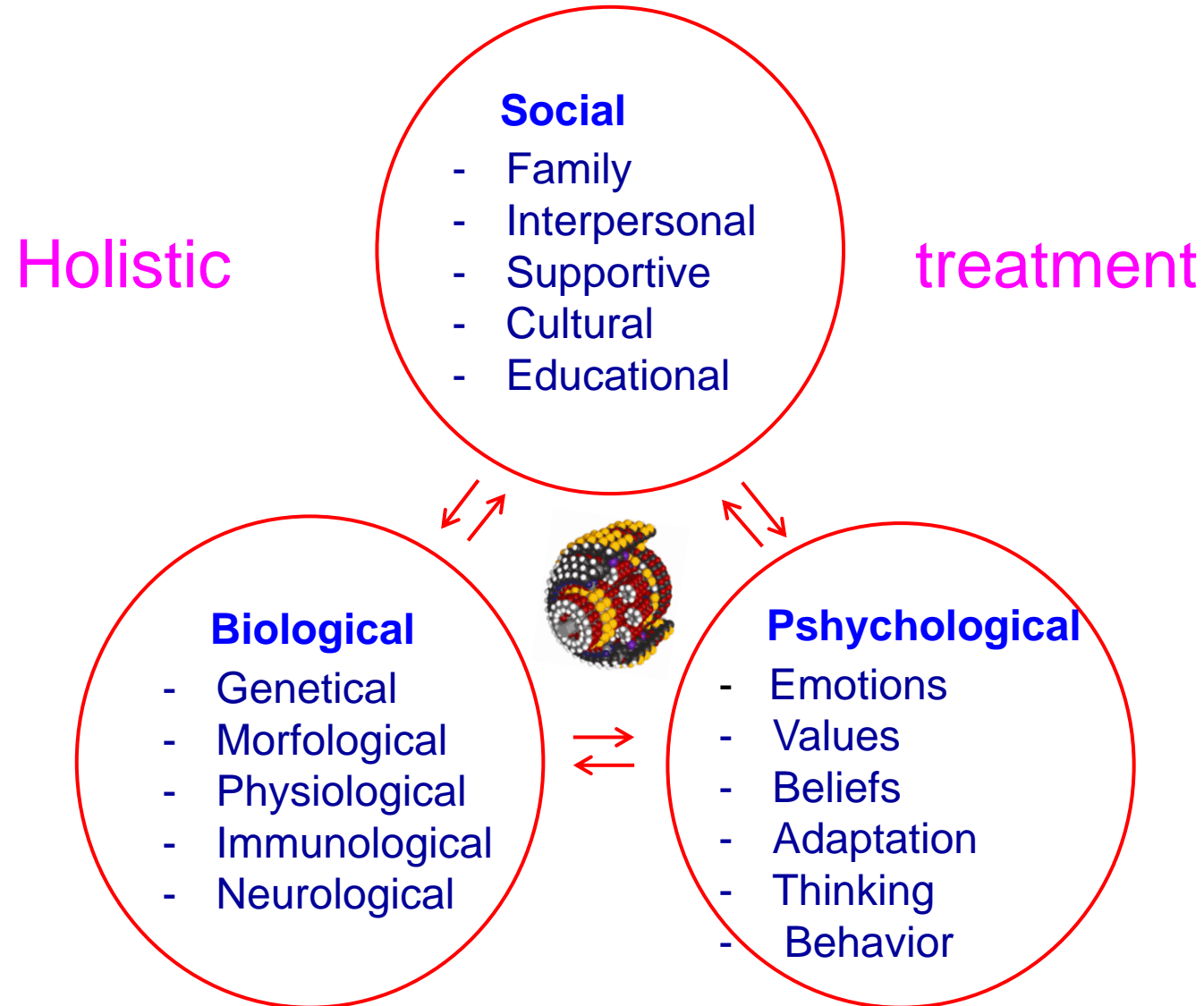
At all levels, with everyone,
from prevention to rehabilitation

Education

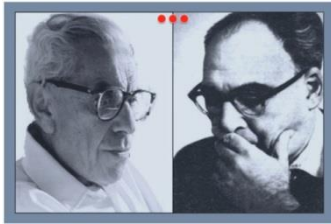
Professionals, patients, relatives,
everyone in our environment,
at home, in schools, in the society



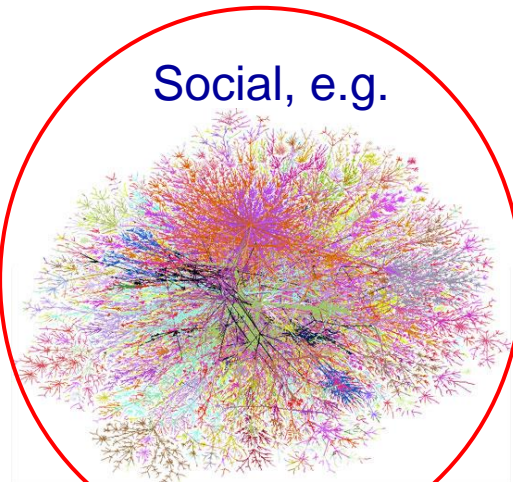
Aiming health, successful treatment, all sides of a person have to be considered by a holistic approach



New approach of the determinants



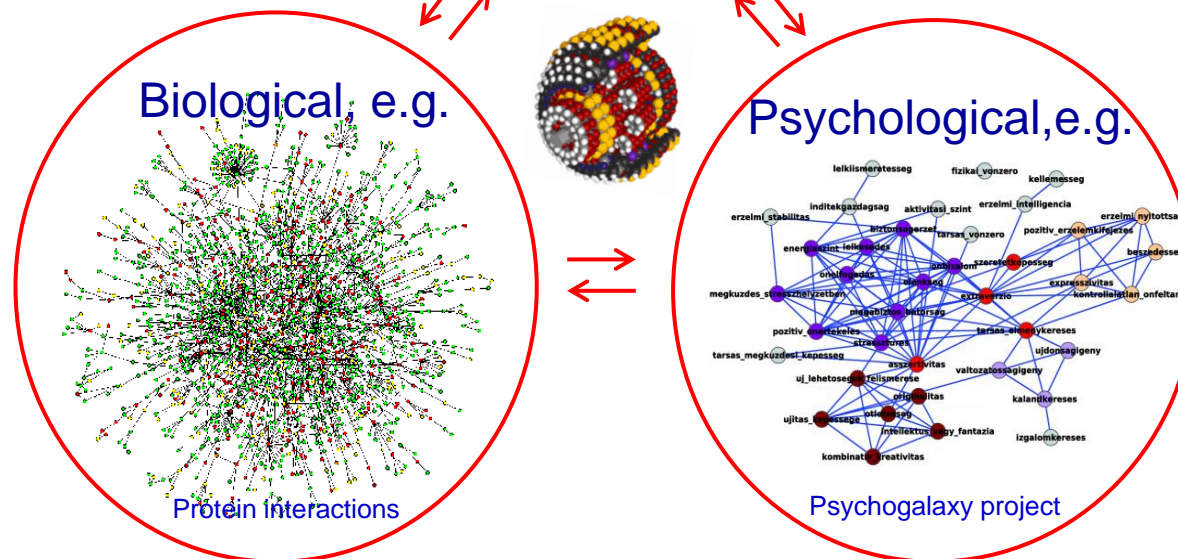
Pál Erdős and Alfréd Rényi



Internet network



Scale-free network
Albert-László Barabási



Psychogalaxy project

Analysis of networks

Patients' possibilities, self manage



Live with renal failure

Handbook for patient to prevent and self
management

written by

Kerstin Bergström és Per Åke Zillén

Translated by
Kiss Gergely

Edited by

Prof. Dr. Rosivall László

Semmelweis Press, 2012

Hungarian Kidney Foundation ensures free of charge access
(<http://vese-alapitvany.hu/hu/betegtajekoztato/>)

Our future depends on ...



**Dr. Sándor
Korányi**
(1866-1844)

- Fulfilling nephrological activities,
- Decreasing the number of 1.5 million people living with chronic kidney disease in Hungary,
- Spreading completely the **pathophysiological** and **preventive** approach,
- Equal, high quality treatment everywhere
- Holistic approach, as introduced by Sándor Korányi, the famous, first Hungarian nephrologist

World Kidney Day in Hungary 2023

Hungarian Society of
Nephrology

Hungarian Kidney
Foundation

Készüljünk fel
a rendkívüli
helyzetekre,
támogassuk a
vese-esendőket !

**VESE
EGÉSZSÉGET
MINDENKINEK**



#worldkidneyday #kidneyhealthforall
www.worldkidneyday.org

A Vese Világnapja az  **ISN**  **IFKF-WKA** közös akciója

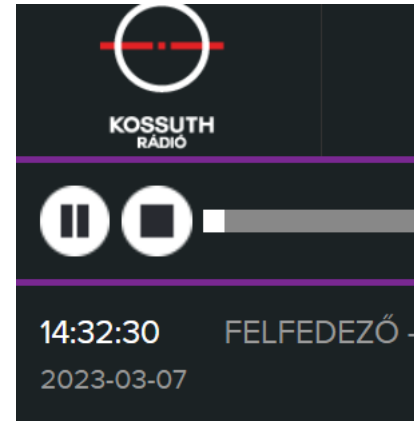
Press release about the aims of WKD: CKD - Importance of early diagnosis and treatment



Népbetegség, mégis alig beszélünk róla: másfél millió magyar szenved tőle
*Ma van a Vese Világnapja – Magyarországon is jelentősen aluldiagnosztizált az idült
vesebetegség*

Radio interviews about the prevention and early recognition of CKD

In different radio channels nephrologists, also patients living with transplanted kidney or on dialysis spoke about the importance of prevention and early recognition of CKD, and how to live a good quality and happy life with kidney disease.



25 YEARS WITH
Promenade
MEDICAL COMMUNICATIONS

Distribution of patient education materials

EGÉSZSÉGES VESÉKET MINDENKINEK!

KÍSÉRJE FIGYELEMMEL LABOREREDMÉNYEIT,
TÁMOGASSUK A VESZÉLYEZTETETTEKET!










A Nemzetközi Vese Világnap az
ISN PKF-WKA Initiative
közös kezdeményezése.

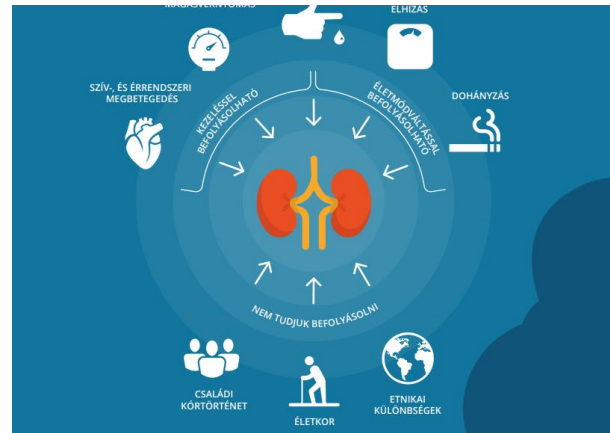
#vesevilagnap
#eselytaveseeknek

www.nephrologia.hu/vesebetegseg

A magyarországi kampány a MAGYAR NEPHROLOGIAI TÁRSASÁG szervezésében,
az AstraZeneca támogatásával került megvalósításra.

AstraZeneca Kft. 1117 Budapest Álló utca 4. 8. ép. 1. em. tel.: +36 1 883 0300; www.astrazeneca.hu

-  Ha Ön cukorbeteg, tegyen meg mindent a helyes kezelés és a megfelelő vércukorszint érdekében. A diabétesz a CKD kialakulásának egyik leggyakoribb oka.
-  Ellenőrizze és kezeltesse megfelelően magasvérnyomását
-  Tartsa megfelelő értéken koleszterinszintjét, amivel megakadályozhatja az erek további károsodását
- DIÉTA** Tartson vesebarát étrendet – kérjen tanácsot dietetikusától.
-  Figyeljen a megfelelő folyadék-fogyasztásra.
-  Minden szedett gyógyszeréről számoljon be kezelőorvosának, még a vitaminokról és a recept nélkül kapható készítményekről is. Ezek között előfordulhat olyan is, mely károsan hat a vesére
-  Mozogjon, és igyekezzen elérni az egészséges testsúlyt
-  Ne dohányozzon – a cigarettázás rontja a veseműködést
-  Rendszeresen keresse fel kezelőorvosát, aki adhat Önnek olyan gyógyszereket, amelyek védhetik veséjét és lassíthatják a vesefunkció romlást



AstraZeneca 

How to keep the kidneys healthy?

Lecture for senior citizens

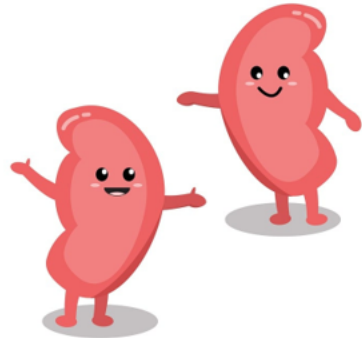


Healthy kidneys for everyone!

Lecture for pharmacists and family physicians



Educational activities



VESÉNKRŐL!
PÁLYÁZAT ÁLTALÁNOS
ISKOLÁSOK RÉSZÉRE

Írj! Rajzolj! Költs!

A Magyar Nephrológiai Társaság pályázatot hirdet általános iskolás tanulók részére! Várjuk vese (alakja, feladata, betegségei, fontossága, stb) témában alkotásaitokat! Kategóriánként legjobbnak ítélt pályázatokat jutalmazzuk!

- I. díj: 3 mozijegy – 2 barátoddal mehetsz filmezni!
- II. díj: 2 mozijegy – kapcsolódj ki egy barátoddal!
- III. díj: 1 mozijegy – nézz meg egy jó filmet!

A legtöbb pályázatot beküldő osztály elmehet az Agóra Tudományos Élményközpontba!



Vesénkről!

I. Categoria

Vese – mese

**Várjuk 2-5 oldalas,
vese főszereplős
meséket!**

II. Categoria

Vese portré

**Rajzok, festmények,
grafikák beérkezését
várjuk!**

III. Categoria

Vese- vers

Írj egy rövid vagy hosszabb verset!

A VESE VILÁGNAPJA:

2023. 03. 09

Beküldési határidő:

2023.04.09

vesemese2023@gmail.com
címre

- Lectures about the kidneys for students



- Drawing and story telling competition about the kidneys for students



Quiz about kidney health



"Mennyire ismeri a veséjét?" A vese világnapja 2023.03.09.

Tisztelt Hölgym/Uram!

Dr. Szabó Alexandra vagyok kórházi-klinikai szakgyógyszerész. A Társadalmi Nephrológiai Oktatási Bizottság nevében a Vese Világnap alkalmából küldjük Önnek ezt a kérdőívet, amely kitöltésének célja, hogy reális képet kapjunk a lakosság egészségügyi ismereteiről. Jelen kérdőív a vese egészségére fókuszál.

Kitöltésével segítsen, hogy segíteni tudjunk!

Köszönjük!

Üdvözlettel:

Társadalmi Nephrológiai Oktatási Bizottság



Initiation of social media campaign about kidney health and prevention of CKD



- Facebook

- Instagram

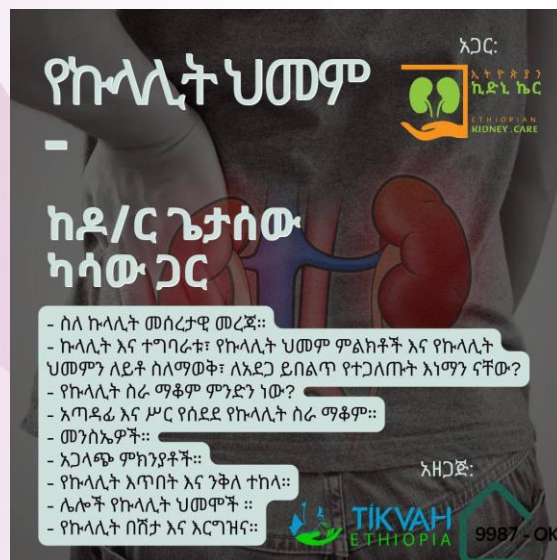


Ethiopian Kidney Care

Ethiopian kidney care activities from Jan to March



Health education podcast



Ethiopian Kidney Care



YETENA WEG CLUBHOUSE DISCUSSIONS

KIDNEY for All

In this episode, we will discuss about kidney diseases with focus on the preventive aspects.

MARCH 11
6:00PM - 8:00PM EAT
10:00AM - 12:00PM EST

Dr. Fitsum Tilahun

Dr. Seifemichael Getachew

Dr. Esete Getachew

Logos for YETENA WEG, WITH MIKIMAC, and IFKF-WKA are also present.

Ethiopian kidney care gave training for health officers and nurses on kidney health education for the community



For world kidney day Health education was given in 6 schools, 3 health centers and 1 hospital



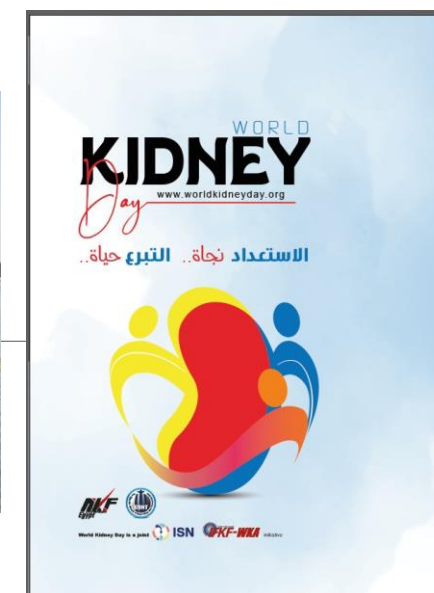
Ethiopian Kidney Care



NKF-ESNT, Egypt

The Egyptian Society of Nephrology, in collaboration with NKF Egypt, with the support of the Egyptian Ministry of Health, organized a boat race on the Nile in Cairo to mark World Kidney Day 2023. On 10 March 2023, the rowers, members of the Arab Contractors Rowing Club, wore World Kidney Day t-shirts, while banners in the color of World Kidney Day were placed on the riverbanks to raise awareness about kidney health in Cairo.

Friday being a weekend day in Egypt, the race attracted a large number of participants, and more than 200 spectators attended the activity.



NKF-ESNT, Egypt

Following the race, participants were invited to attend a lecture aimed at raising awareness and preventing kidney disease in Egypt. The topics discussed were:

Promoting regular kidney checkups for all patients with diabetes and high blood pressure;

Encouraging preventive behaviors;

Raising awareness among health professionals of their key role in detecting and reducing the risk of chronic kidney disease, especially in high-risk groups;

Emphasizing that transplantation is the best treatment for kidney failure and that organ donation is one of the best initiatives to save lives.

The activity was also covered by the media office of the Ministry of Health, reporters from the main local media channels,







Kidney Warriors
Foundation

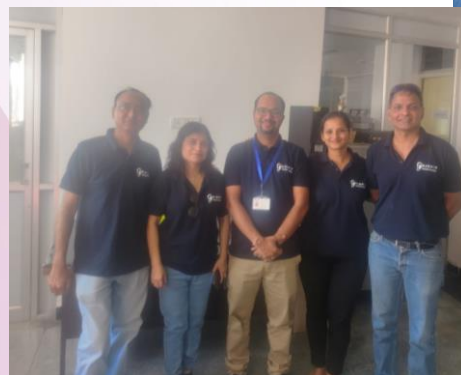
World Kidney Day 2023

Kidney Warriors Foundation, India

Kidney Health for All- Preventive Measures

*Screening blue collar workers – talking about risks and early intervention,
4th March 2023*

Bangalore, India

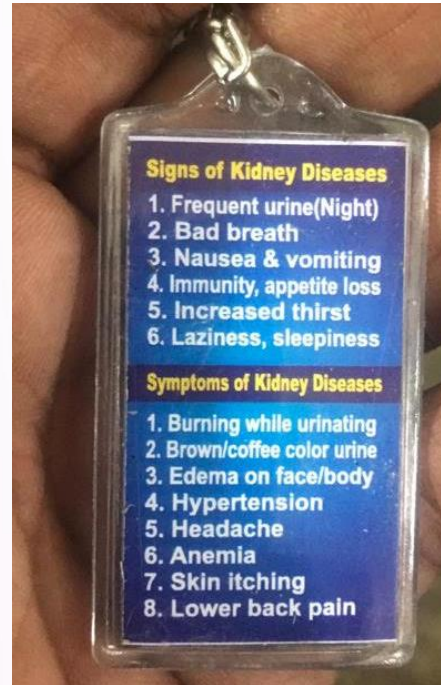


Event planned by Maryann
Manasseh
Communications Director



Kidney Health for All- Preventive Measures

Raising awareness about kidney disease – 9th March 2023, KOLKATTA



Kidney Health for All- Preventive Measures

Raising awareness about kidney disease - 9th March 2023, KOLKATTA

Nephrologists talks: Managing dialysis and living with a transplant!

9th March 2023, KOLKATTA

Dr Sougata D Gupta ,
Consultant Nephrologist



Dr Subhro Souma Das,
Consultant Nephrologist



Dr Sunil Kumar,
Consultant Nephrologist



Kidney Health for All- Preventive Measures

Managing and Living with CKD – patients honoured for poster competition and participating on stage, 9th March 2023, KOLKATTA



*Screening people for BP, Blood sugar and urine,
9th March 2023, KOLKATTA*



Kidney Health for All- Preventive Measures

Raising awareness about kidney disease, MUMBAI

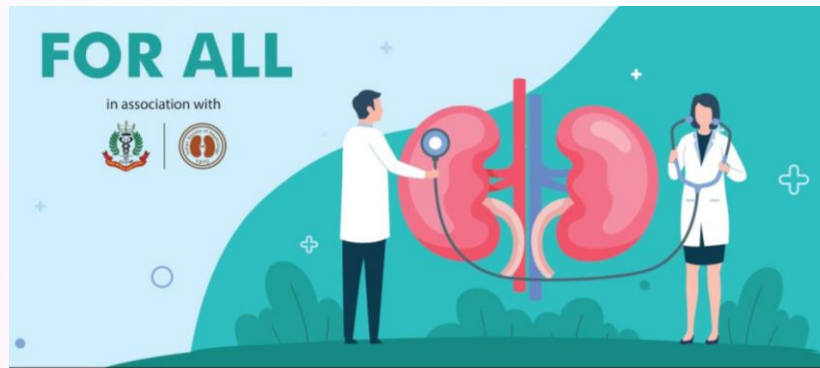


Our Team at Narayana Dharmshila Hospital, Noida.



Kidney Health for All- Preventive Measures

Early intervention – by Diabetologists & Ophthalmologists, Cardiologists, Gynecologists and General Physicians – in BANGALORE on 19th March 2023



Event planned and executed by Kidney Warriors Foundation with support from NephroPlus.

Inaugural speeches– by Dr Gurudev, Nephrologist and Mr Randeep, Health Commissioner (IAS Officer) on 19th March 2023

*Dr Gurudev, Consultant Nephrologist
Chief Guest Speech –
Prevention Needed*



*Mr Randeep,
Health Commissioner,
Ministry of Health & Family Affairs
– Concerns over
rising CKD*

Kidney Health for All- Preventive Measures

Early intervention - by Diabetologists & Ophthalmologists, 19th March 2023



Dr Arvind Canchi, Consultant Nephrologist
Moderated the session with Diabetologists & Ophthalmologists



*Early intervention - by Cardiologists,
19th March 2023*



Dr Mythri
Sankar,
Consultant
Nephrologist
Moderated the
session with
Cardiologists

Kidney Health for All- Preventive Measures

Early intervention – by Gynecologists, 19th March 2023



Dr Kristin George,
Consultant
Nephrologist
*Moderated the session
with Gynecologists*

*Early intervention by General Physicians – in BANGALORE on 19th March
2023*



Dr Sundar Sankaran,
Consultant
Nephrologist
*Moderated the
session with GPs
(Family Doctors)*

Kidney Health for All- Preventive Measures

Patient Advocacy- in BANGALORE on 19th March 2023

Ms Maryann Manasseh,
Communications Director
Presented KWF work
during last 5 years



Ms Vasundhara Raghavan, *CEO spoke to*
Health Commissioner Mr Randeep, "
Kidney patients need support!"



Kidney Health for All- Preventive Measures

*Interactive and attentive General Physicians
- in BANGALORE on 19th March 2023*



We will continue to work towards
“Kidney Health for All”

*- Preventive measures with talks and
screenings*

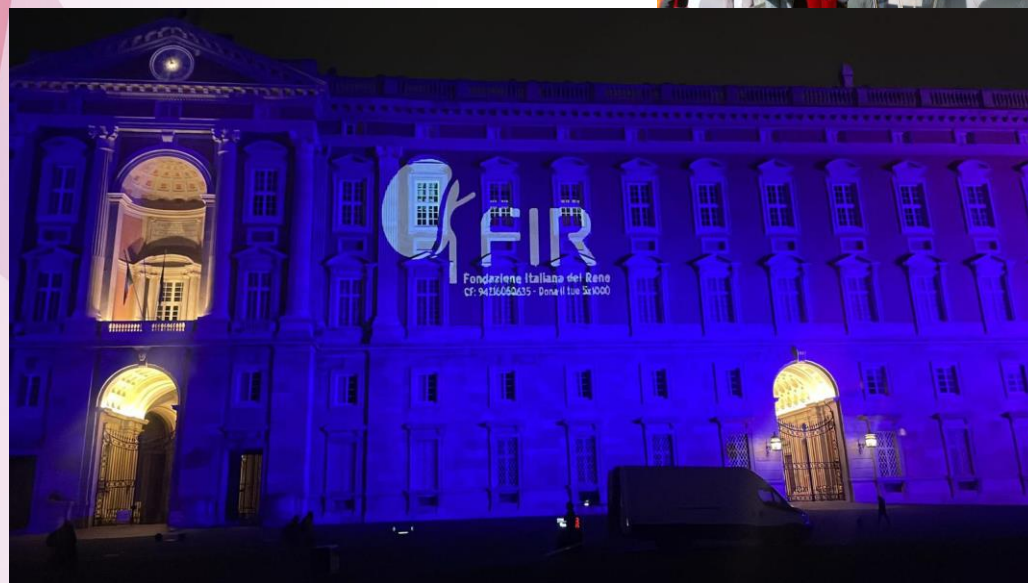
World Kidney Day 2023 – Italian Kidney Foundation activities

- Screening activities in homeless shelters: 5 events;
 - Screening in shopping centers: 4 events;
 - Conferences/conventions: 3 events;
 - Drugstores: 12 events
 - Open doors in Nephrology: 78 events;
 - Schools: 18 events;
 - Info points: 42 events;
 - Lit monuments: 4 events;
 - Screening activities in squares: 33 events.
-
-

World Kidney Day 2023 – Italian Kidney Foundation activities



World Kidney Day 2023 – Italian Kidney Foundation activities





Tamilnad
Kidney
Research
Foundation

Tamilnad Kidney Research Foundation



The first quarter of 2023 was a busy time for Tamilnad Kidney Research Foundation (TANKER Foundation). It added strength to TANKER Foundation's mite with different types of donations. It was also a time of presenting awards and receiving an award.

Winning ways

TANKER Foundation celebrated its 30th Annual Charity and Awards Nite, January 25, 2023, in Chennai, Tamil Nadu. The award winners were:

The K.V. George Kottukulam Memorial TANKER & Kerala Kidney Research Foundation Young Investigator Award for outstanding research in the field of nephrology in India - Dr. Manish Ramesh Balwani, Nephrologist;

The Renny Abraham TANKER Foundation Love for Service Award for a medical doctor who has gone beyond the call of duty in serving the underprivileged: Dr. Vivek Kute, Nephrologist;

The K. Venkatanarayana TANKER Foundation Awareness Award, given to an individual for creating awareness on any disease, mental, physical and social: Mrs. Manjula Kalyan of Swayamkrushi, NGO;

The La Renon TANKER Foundation For the Sake of Honour Award, given to an individual who has done exemplary work in his or her field: Dr. Gomathy Narasimhan, Liver Transplant Consultant;



Tamilnad
Kidney
Research
Foundation

The La Renon TANKER Foundation Lifetime Achievement Awards given to two individuals who have done exemplary work in the field of nephrology: Dr. Tonmoy Das, from Guwahati, and Dr. (Prof.) Sandeep Guleria, New Delhi.



World Kidney Day Activities

On March 9, 2023, World Kidney Day, TANKER Foundation Managing-Trustee, Mrs. Latha A. Kumaraswami, Head Admin, Mrs. Vasanthi Ravichander, and enabler, Mrs. Rukmini, were out early in the day to catch beach walkers at Besant Nagar, Chennai. Every dialysis unit of TANKER Foundation distributed leaflets and bookmarks carrying the message

Kidney Health for All' with the tagline: **'Preparing for the Unexpected, Supporting the Vulnerable!'**. They did it inside their dialysis unit for patient attendants, outside on the road, catching office-goers at traffic signals, auto drivers, housewives, senior citizens and youth.

Our Goodwill Ambassador Actor Suriya tweeted on World Kidney Day 2023 with almost 350K views.

The staff members showed their creativity in observing the day: some made charts stressing on the importance of caring for one's kidneys; some made cutouts of kidney and displayed them; some did designs on the floor to carry out the message; everybody took part in the #showyourkidney challenge – without disrupting patient care.



Tamilnad
Kidney
Research
Foundation



An achiever

TANKER Foundation Managing–Trustee, Mrs. Latha A. Kumaraswami, was adjudged the winner of the Woman Achiever Award under the Social Entrepreneur (NGO) category, for the prestigious FICCI FLO (FICCI Ladies Organisation) Chennai Award 2022-2023. She received the award from the then Tamil Nadu Finance Minister, Mr. Palanivel Thiaga Rajan, March 7, 2023, in Chennai.

Pat on the back

The Ambattur dialysis unit (Rekha Memorial Renny Abraham Ambattur Rotary TANKER Foundation Dialysis Unit) was selected by the Government of Tamil Nadu for commendation during the 74th Republic Day of India that was celebrated January 26, 2023. The unit received the certificate for exemplary performance under the Ayushman Bharat Pradhan Mantri Jan Arogya Yojana.

Walking the talk

Dr. Mehta's Hospital along with TANKER Foundation and international organisations and childrenkidneycare.com organised a walkathon to mark World Kidney Day, March 12, 2023. TANKER Foundation Managing-Trustee, Mrs. Latha A. Kumaraswami, and Head Admin, Mrs. Vasanthi Ravichander, took part in the walkathon taken out at Besant Nagar beach.

TAPPING into good health

The TANKER Awareness and Prevention Program (TAPP) teams of TANKER Foundation in Chennai and Madurai had a busy schedule and did a number of awareness programmes and conducted screening camps for various groups of people, including college students.

Shining example

Mr. Sajay Kumar, who undergoes dialysis at the Ambattur unit of TANKER Foundation, wrote a moving note February 5, 2023, saying: 'Twenty years before on this day 5th February 2003, I have started doing dialysis at Tanker Foundation. By the grace of God I am successfully completing 20 years of dialysis at Tanker Foundation. On this occasion i extend my deepest gratitude from my heart to Tanker Foundation, its trustees, staff, patrons and donors of Tanker foundation.' He was greeted by the TANKER family at the unit for being an 'inspiration' to one and all.

Walkathon, Chennai



Thursday Ladies Charitable Trust Donation



Ficci Flo Award for Latha Kumaraswami



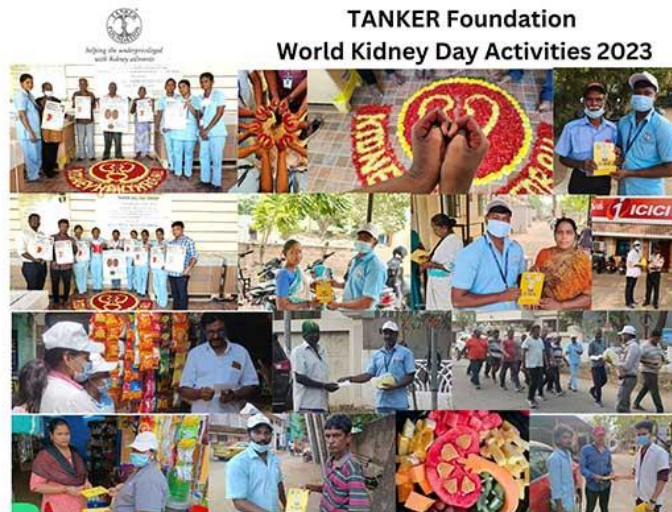
RO Plant Donation



Retteri Machine Donator



TANKER Foundation
 World Kidney Day Activities 2023



TANKER Foundation - World Kidney Day Activities 2023



14th Dialysis Unit



TANKER Award Winners



Indian Renal Foundation



India Renal Foundation

IRF participated with multiple activities for WKD.
Kindly check their website for all the good work done!
www.indiarenalfoundation.org





Hong Kong
Kidney
Foundation

**KIDNEY
HEALTH
FOR ALL**

PREPARING FOR
THE UNEXPECTED,
SUPPORTING
THE VULNERABLE!



#worldkidneyday #kidneyhealthforall
www.worldkidneyday.org

World Kidney Day is a joint  ISN  initiative

The focus of World Kidney Day in Hong Kong
was on the unexpected
on the individuals

Search for the 4 invisible

The unexpected case of
high blood glucose, blood pressure, blood lipids
or Body Mass Index



World Kidney Day
cum 3rd Hong Kong Kidney Day

健康護腎

尋四隱患

Good health
Good kidneys

過重
High BMI

高血壓
High blood pressure

Search for
the 4 invisible
(unknown case)

高血脂
High blood lipids

高血糖
High blood glucose

Organisers: Hong Kong Kidney Foundation
Hong Kong Society of Nephrology
Hong Kong Association of Renal Nurses

Partner: Alliance of Renal Patients' Mutual Help association

健康護腎 尋四隱患

你是否**隱形患者**？

體重
唔可以
重少少

血壓
唔可以
高少少

血糖
唔可以
高少少

血脂
唔可以
高少少

請定期
檢查身體

高少少
不是沒問題

後患無窮

Are you one of the invisible case (high blood glucose, blood pressure, lipids and BMI)?
Slightly high blood glucose, blood pressure, lipids and BMI is NOT a problem is **WRONG**.



2023

第18屆世界腎臟日暨 第3屆香港腎臟日

領展商場免費測試

(身高體重指數、血壓、
血糖及膽固醇)

4/2/2023 (星期六)	樂富廣場	早上11:00 - 下午7:00
5/2/2023 (星期日)	啟田商場	早上11:00 - 下午7:00
11/2/2023 (星期六)	海富商場	早上11:00 - 下午7:00
18/2/2023 (星期六)	恒安商場	早上11:00 - 下午7:00
19/2/2023 (星期日)	天瑞商場	早上11:00 - 下午7:00

合辦機構



支持機構



合作夥伴



2023 Feb 2-14
(over 3 weekends)

Free health check
at 5 shopping centre

1661 cases

200 shifts
of voluntary work
by doctors, nurses,
volunteers, medical and
nursing students

世界腎臟日 在香港 5.3.2023 www.worldkidneyday.org

合辦機構 HKKF SOCIETY OF NEPHROLOGY HEALTH REPUBLIC

2023
第18屆世界腎臟日暨第3屆香港腎臟日

健康護腎 尋四隱患

你是否隱形患者？
你須知！

血壓 唔可以高少少

血糖 唔可以高少少

血脂 唔可以高少少

體重 唔可以重少少

高少少後患無窮

免費測試

(身高體重指數、血壓、
血糖及膽固醇)





全港腎友樂共聚

第18屆世界腎臟日暨第3屆香港腎臟日

節目內容

尋四隱患匯報

棟篤講

高少少啫！
不是問題？
(健康謬誤)

健康護腎貼士

歌唱表演

郁一郁，全城起動

歡迎腎友參加
(憑券入座)
入場券交由
各洗腎中心派發

全場大合唱

活動設有現場直播

YouTube
直播



2023年3月5日(日)

10:30 ~ 12:00 赤柱露天廣場

查詢：
2716 5773



合辦機構



支持機構



合作夥伴



Sunday 5 March 2022
World Kidney Day @ Hong Kong cum 3rd
Hong Kong Kidney Day
10:30 - 12:00
Stanley Plaza

Report on the health-check findings

Drama on "Slightly high level of diabetes,
blood pressure, lipids, BMI is NOT ok"

8-golden rules on
"Protect your kidneys"

Promote "Be active" (exercise, walking)
and Eat smart

Singing by healthcare professionals
to promote better health for all
(Medical band)







Health check (screening)
for 1661 Hong Kong citizens

Age: Average 65 (15-99)

Male 31%, Female 69%

34% has history of high lipids level
33% has history of high blood pressure
11% has history of high blood glucose

Systolic blood pressure ≥ 140 or diastolic blood pressure ≥ 90	43% (708)	56% 396 did not know before
Random blood glucose ≥ 9 mmol/l	18% (295)	68% 200 did not know before
Random blood glucose ≥ 11.1 mmol/l	7% (114)	50% 57 did not know before
Random blood cholesterol ≥ 5.2 mmol/l	50% (826)	73% 602 did not know before
BMI ≥ 23	54% (930)	36% 335 did not know before

Of those who are “known” case

57% Systolic BP ≥ 140 or Diastolic BP ≥ 90
(310/546 known case)

49% Random blood glucose ≥ 9 mmol/l
(93/189 known case)

30% Random blood glucose ≥ 11.1 mmol/l
(36/189 known case)

40% Random blood cholesterol ≥ 5.2 mmol/l
(222/560 known case)

87% BMI ≥ 23
(564/652 known case)

第18屆世界腎臟日暨第3屆香港腎臟日

健康護腎 尋四隱患

Flash drama

Just slightly high, is not a problem ?

周啟明醫生, 周植長醫生, 吳傑聰醫生, 潘家欣醫生, 陳耀恆醫生,
袁仕傑醫生, 陸頤醫生, 區詠雅護士, 陸偉莊護士, 李淑恆護士

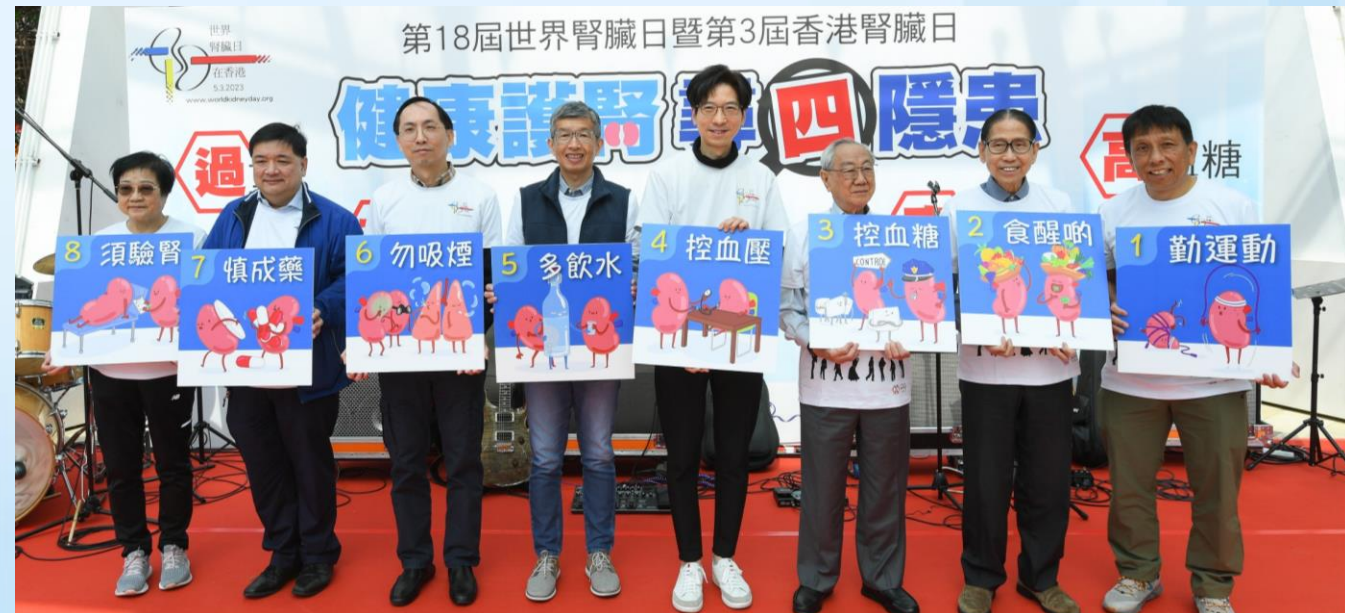
- 1 – The 4 invisibles
- 2 – Slightly high blood pressure
- 3 - Slightly high blood glucose
- 4 - Slightly high blood lipids
- 5 - Slightly high BMI
- 6 – Not doing exercise
- 7 – Frothy urine





8 Golden rules (reduce the risk of kidney disease)

- Dr Leong Che-Hung, GBM, GBS, JP
President, Hong Kong Kidney Foundation
- Prof Richard Yu,
Patron, Hong Kong Kidney Foundation
- Prof Sydney Tang,
President, Asian Pacific Society of Nephrology
- Dr Simon Tang,
Director (Cluster Service), Hospital Authority
- Dr Lui Sing-Leung,
Central Renal Committee, Hospital Authority
- Dr Raymond Ho,
Head, Health Promotion Branch, DH
- Dr Lobo Louie,
Vice-Chairman, DH's task force to promote walking
- Ms Hui Lai-Wah,
Chair-lady, ARPMHA



第18屆世界腎臟日暨第3屆香港腎臟日

健康護腎 尋四隱患

Promote 「10,000 steps a day」

Department of Health Taskforce to promote activity:
Dr SF Lui (Chairman) and Dr Lobe Louie (Vice-Chairman)



第18屆世界腎臟日暨第3屆香港腎臟日

健康護腎尋四隱患



Singing by
Prof Sydney Tang

St John Band
(Medical doctors)





41 reports in the newspapers and electronic media

媒體聯絡：香港腎臟基金會副主席 Maggie Ng

05-03-2023

5F7%0F3BF5E5A0%B4F7%98%473E5%A4B5E%08%08%82%F9%06%AB%7%AFA%41E5%B1%80%F5%06%87E7%B%8C%F8%87%9F%90%82%F5%85%AC%F7%AB%8BF9%06%AB%F9%99%A2%F6%A9%9F%F6%A2%80%F4%BA%88%F6%95%85%F8%R2%AC%F6%80%90%F6%89%BF%F5%8C%85%F5%95%86%F8%99%95%F7%90%86

【現場】盧耀茂：醫管局將繼續跟進公立醫院機械事故 責成承包商處理

[illegible]

醫管局下月率團訪英招攬人才 盧耀堯冀招聘當地香港青年醫生回港工作



SCMP.COM

Chronic kidney disease: how to protect yourself against a silent killer
On World Kidney Day doctors urge us to protect ourselves against chronic kidney disease.

Full page articles
on 5 newspapers

[illegible]

Radio program



RTHK31 精靈一點 08/03/2023

[香港腎科學會系列]

主題：健康護腎尋四隱患

嘉賓：

雷兆輝醫生

(香港腎臟基金會主席及國際腎臟
基金會聯會世界腎臟聯盟前會長)

周啟明醫生

(香港腎科學會主席)



2023.03.15 腎臟功能、結構、
鄭玉麟醫生(香港腎科學會前主席)

2023.03.22 腎臟移植
葉逸軒醫生 (香港腎科學會義務司庫)

2023.03.29 預防腎衰竭、飲食、生活注意點
黃思豪醫生(香港腎科學會義務秘書
)
林美琪護士(香港腎科護士學會副主席)


2023.04.05 多囊腎「泡泡腎」是甚麼?周啟明醫生
(香港腎科學會主席)


<https://www.rthk.hk/radio/radio1/programme/healthpedia/episode/8701>




150 Large (12-sheet) lightbox posters posting on Rail line from April 28

200 Large (12-sheet) lightbox posters posting on MTR from April 14


March 9

11 a.m. CET (session 1)
10 p.m. CET (session 2)




World Kidney Day 2023: Preparing for the Unexpected, Supporting the Vulnerable!

WELCOME FROM THE PRESIDENT OF IFKF-WKA AND ISN



Latha Kumaraswami
IFKF-WKA



Agnes B. Fogo
ISN

HEALTH SYSTEM'S PERSPECTIVE



Adrian Liew
Singapore, ISN

A NEPHROLOGIST'S PERSPECTIVE



Dina Abdellatif
Egypt, IFKF-WKA

PATIENTS' PERSPECTIVE



Bill Wang
Hong Kong

Webinar 1 (11 a.m. CET)
for Europe/Africa/Asia



Paul Conway
USA

Webinar 2 (10 p.m. CET)
for North & South America/Australia

MODERATED Q&A WITH SPEAKERS (LIVE)

MODERATORS



SF Lui
Hong Kong, IFKF-WKA



Ifeoma Ulasi
Nigeria, ISN



Dr SF Lui (Co-Program Director of IFKF-WKA and ISN World Kidney Day Joint Steering Committee) and Mr Bill Wang (ISN Patient Advocacy Group) took part in the International World Kidney Day Webinar