Kidney Health for all.
Optimal care for people with kidney disease.

IFKF-WKA Connect
January 2024
Official Newsletter of IFKF-WKA
Content:

1. President's Message
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6. Tamilnad Kidney Research Foundation
7. Forthcoming Events
Greetings from IFKF-WKA.

Wishing all our members a very Happy 2024!

Beginning of a new year brings about the planning of various activities for our World Kidney Day! We request all our members to check the website https://www.worldkidneyday.org/ and utilize all the material available and promote World Kidney Day 2024.

This year our theme is KIDNEY HEALTH FOR ALL- Advancing Equitable Access To Care And Optimal Medication Practice. Let us create awareness and participate in multivarious activities and make World Kidney Day a huge success.

Please remember to inform us and the WKD website about your activities. PIN your activities on the World Kidney Website once you complete the activity.

Once again wishing you all the very best for 2024!

Warm regards,
Latha Kumaraswami
COMMITTEE MEMBERS & PORTFOLIOS

1. **Executive Committee:** Dr. SF Lui, Dr. Kam Kalantar, Mr. Carlos Castro, Dr. Alessandro Balducci, Dr. Dina Abdellatif, Ms. Latha A Kumaraswami

2. **Membership Committee:** Dr. SF Lui, Dr. Joel Kopple, Ms. Ayse Onat, Ms. Esther Obeng, Mr. Zaki Morad

3. **Finance & Fundraising Committee:** Dr. SF Lui, Dr. Kam Kalantar, Mr. Carlos Castro, Dr. Dina Abdellatif, Ms. Latha A Kumaraswami

4. **Communication & Outreach Committee:** Dr. Kam Kalantar, Ms. Ayse Onat, Ms. Esther Obeng, Mr. Tashi Namgay, Dr. SF

5. **Education, Publication & Program Committee:** Dr. Kam Kalantar, Dr. Joel Kopple, Ms. Haris Agnes, Dr. Alessandro Balducci, Dr. Dina Abdellatif, Dr. Harun Ur-Rashid

6. **Website Management Committee:** Dr. SF Lui, Dr. Dina Abdellatif, Ms. Latha A Kumaraswami
Fundanier Guatemala
Activities from October to December 2023

Children´s Day celebration October 1st.
IV International Seminar of Nephrology and Renal Transplant and II International Seminar of Pediatric Nephrology in El Salvador.

Fundanier’s medical team had a series of 8 virtual conferences on “Acute Renal Lesions” in October.

Worldwide day of organ donation

Conferences “Contribution to Science” Dr. Sindy Méndez gave the first conference on “Implementation of cadaveric transplant in Guatemala”.

Medical mission for donors
ALANAPE Medical seminar 15 to 18th of November in Puerto Rico

Dr. Randall Lou Meda represented Guatemala in RCIDT medical meeting in Dominican Republic

Fundanier’s team participated in the LXV National medical seminar and the IX Seminar of medical writers organized by the National School of Medicine in Guatemala
1st National Workshop on Renal Nutrition

Dr. Irving Rivera and Dr. Beily Sapón, Fundanier Fellows, received the award of “Academic Excellence in 2023” given by Roosevelt Hospital.

Participation of Dr. Randall Lou in National Seminar of Biological Chemists

Our professional team participated in the course “Plan for emergency responders in case of national emergencies and disasters”.
First hospital workshop on nutrition and renal disease

Children’s and Fundanier’s personnel Christmas parties
India Renal Foundation (IRF) is a voluntary not-for-profit health organization working for Prevention, Treatment, Rehabilitation, Education and Research in the area of kidney diseases in Gujarat since January 2002.

Public Awareness Programs are the core activities of the organization, which is currently on going in the villages of Gujarat. Kidney Failure is a traumatic and fatal disease; thus, it is our responsibility to educate the society on the importance of having healthy kidneys for a healthy life. We know kidney disease can be easily detected with blood pressure, blood sugar and kidney test. Timely diagnosis and treatment can prevent the progression of incurable disease such as Chronic Renal Failure (CRF). Therefore, it is need of the hour to make society aware about renal problems and its serious emerging complications.

India Renal Foundation has done various activities in the last 3 months of October to December under the main program of the organization. The details of which are as follows:

1. **PREVENTION THROUGH AWARENESS PROGRAMME and kidney (Serum Creatinine) diabetes and blood pressure screening camp**

During this quarter (October to December 2023), we organised 88 awareness programs and 54 screening camps were held across Gujarat, with people being made attentive through these programs in various talukas and interior villages of Vadodara, Surat, Anand, Narmada, Mehsana, Rajkot, Bhavnagar, Gandhinagar, Himmatnagar and Ahmedabad district. Around 2900 people were given proper advice about diabetes – BP and to prevent kidney disease.
A Glimpse of Prevention Through Awareness Programme:

A Glimpse of BP, SUGAR and Kidney (Serum creat.) check-up camp:
Indian Renal Foundation

On 4th November 2023, Saturday, Music and Ras-Garba program was organized for Prerana members at BK Hall, Pritamnagar Akhara, Paldi. A large number of Prerana members participated and enjoyed a lot. We are grateful to Mrs. Rekhaben Chona, Member of Advisory Committee and owner of HOCCOEatery, Ahmedabad, for arranging the meals.

Again on 23rd December, an educational program was held at SadvicharParivar, Ahmedabad for Prerana members. All aspects related to Treatment & Problems faced by kidney patients during haemodialysis discussed by well-known Nephrologist Dr. Jigar Shrimali. He gave praiseworthy presentation in simple language and answered all questions of Prerana members.

2. PRERANA:

Prerna is a rehabilitation program run by IRF since October 2002. The motive is to improve emotional stability and quality of life of kidney patients. Our care goes beyond dialysis. We strongly believe in comprehensive care through psychosocial and emotional support, which is important for patients’ rehabilitation. This is especially needed when patients are first diagnosed with kidney failure as it is a traumatizing experience. Many are unable to come to terms with their illness and some lose the will to live.

Ahmedabad:

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Indian Renal Foundation

Rajkot
On 14th October, India Renal Foundation Rajkot organized "Garba" program for prerana members. Patients' family members, dialysis technicians also participated in the program and enjoyed the Garba enthusiastically.

Bharuch
Under the guidance of Mr. Jagatbhai Kinkhabwala, Member of the Advisory Committee of Ahmedabad Chapter and Mr. Kamlesh Udani, Trustee of Jayaben Modi Hospital, the first time 'Prerana' program was organized by IRF at Ankleshwar in Bharuch district. This Prerana program was organized for kidney patients on the topic "Importance of laughter and mental well-being in our life". Boardian humorist Dr. Rajendra Hathi entertained members with jokes, anecdotes and mimicry. Mr. Kiranbhai Modi, Trustee of Jayaben Hospital, Deliwala, Medical Director of Jayaben Hospital were present in this program.
Vadodara
‘Prerana’ program was organized by Vadodara Chapter on 31st December 2023. In which Dietician Astha Mahida from Rhythm Hospital was invited. She explained about diet plan for dialysis and transplant patients and should take care to take diet in daily life.

Mehsana
India Renal Foundation Mehsana had organized Garba and dance Program for Kidney Patients under Prerana programme on 15th October 2023. Mr. Suresh Nayak, President of Senior Citizen Council entertained patients with various jokes. Mr. Chandubhai Patel active member of IRF’s local advisory committee and Mr. Narottambhai, Managing Trustee of Rotary Club of Mehsana Charitable Trust specially attended this program.
Another 'Prerana' program at Mehsana was a one-day tour for Prerana members on 5th November at Regional Science Centre, Patan. A theater room at the center shows how the creation of the earth began in clip-picture form, origin of the dinosaurs, complete structure of human body, the great scientists and various videos prepared on Kidney were also shown to the Prerana members by centers guide. After that Sarvamangalam Ashram, Sagodia was visited, where meditation is done in calm atmosphere. This one-day tour was enjoyed by all the Prerana members.

**Bhavnagar**

India Renal Foundation Bhavnagar celebrated the festival of Diwali together with Prerana Members as part of Prerana program on 10th November 2023.
Surat
India Renal Foundation Surat organized a Garba program for Prerana members on 29th October under Prerana program. All Prerana members were present in the program and enjoyed the Garba enthusiastically. After Garba a catwalk was performed by all members and end of the program prizes were distributed to the best performers. Around 100 Prerana members and their families enjoyed this event.

3. Public Awareness Programme
Vadodara
A joint initiative of India Renal Foundation and SRP Group 9 were Celebrated ‘World Diabetes Day’. In which Dr Shri Narendra Paliwal from SSG Hospital gave a speech on "Diabetes & effects of Diabetes on Kidneys", after the program we conducted a BP-Sugar and creatinine check-up camp for Police personnel. During the check-up if person was diagnosed with high sugar or blood pressure they were counselled by Dr. Paliwal.
Indian Renal Foundation

'Save a Life' is India Renal Foundation's endeavor to provide financial assistance to needy patients undergoing dialysis and kidney transplant. This activity was started in July 2002.

During this quarter (October to December) we helped Rs. 2,08,351/- supporting 47 needy dialysis patients and kidney transplant patients by the way of providing dialysis kits, medicines, and support for the surgery expenses of making A.V. Fistula.

In past 3 months we helped 1 needy kidney patient for AV Fistula surgery.

**Sitaben Lalabhai Vaghri**

Sitaben Lalabhai Vaghri lives in Mehsana. Who was undergoing kidney treatment at Nutan Hospital in Visnagar. Due to increasing kidney problems, Dr. J.N. referred to Dr. Neil Patel (Nephrologist) by Zaveri (Rotary Club Visnagar). Sitaben had been suffering from high blood pressure for a long time and the report revealed that the creatine levels were elevated. Doctor informed her that she was suffering from chronic renal failure and advised her to start dialysis. Due to her poor financial condition, they could not afford Fistula surgery. Dr. Neil Patel made contact of IRF with Sitaben and she was interviewed by IRF officials. Sitaben has four children between the ages of 10 and 15. She and her husband ran the household as casual laborers. As their financial condition is not good and cannot afford the surgery, India Renal Foundation Mehsana helped for the complete fistula surgery and their operation was completed successfully. Sitaben Lalabhai Vaghri thanked a lot to IRF.
## Kidney Foundation of Bangladesh

(October, November, December – 2023)

<table>
<thead>
<tr>
<th>Service</th>
<th>October</th>
<th>November</th>
<th>December</th>
<th>Total</th>
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<tbody>
<tr>
<td>HD Patients</td>
<td>769</td>
<td>802</td>
<td>828</td>
<td>2399</td>
</tr>
<tr>
<td>OPD Patients</td>
<td>7263</td>
<td>6051</td>
<td>5899</td>
<td>19213</td>
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<tr>
<td>CAPD</td>
<td>0</td>
<td>02</td>
<td>01</td>
<td>03</td>
</tr>
<tr>
<td>Transplant</td>
<td>02</td>
<td>04</td>
<td>03</td>
<td>09</td>
</tr>
<tr>
<td>AVF</td>
<td>147</td>
<td>145</td>
<td>138</td>
<td>430</td>
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<tr>
<td>Temporary venous catheter</td>
<td>116</td>
<td>115</td>
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<td>332</td>
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<td>Tunnelled catheter</td>
<td>01</td>
<td>00</td>
<td>00</td>
<td>01</td>
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<tr>
<td>Renal Biopsy</td>
<td>18</td>
<td>19</td>
<td>12</td>
<td>49</td>
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<tr>
<td>AKI</td>
<td>63</td>
<td>60</td>
<td>40</td>
<td>163</td>
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<tr>
<td>Hospital Admission</td>
<td>552</td>
<td>470</td>
<td>488</td>
<td>1510</td>
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Teaching at Continued Medical Education (CME) organized by Kidney Foundation
Total Teaching Sessions – 02 (May - 1, June- 01)

19th Annual Convention & Scientific Seminar of Kidney Foundation

All Oral And Poster Presenters at 19th Annual Convention & Scientific Seminar of Kidney Foundation
<table>
<thead>
<tr>
<th>Topic</th>
<th>Speaker &amp; Designation</th>
<th>Country</th>
<th>Country of Origin</th>
</tr>
</thead>
<tbody>
<tr>
<td>Update on Management of Lupus Nephritis</td>
<td>Prof. Dr. Muhammad Magdi Yaqoob Professor Consultant, Department of Nephrology Royal London Hospital, United Kingdom</td>
<td>United Kingdom</td>
<td>United Kingdom</td>
</tr>
<tr>
<td>Glomerular disease in developing world</td>
<td>Prof. Ejaz Ahmad Professor of Nephrology Sir J. Institute of Urology and Transplantation</td>
<td>Pakistan</td>
<td>Pakistan</td>
</tr>
<tr>
<td>Updated Management of IgA Nephropathy</td>
<td>Prof. Md. Nizamuddin Chowdhury Senior &amp; Chief Consultant of Nephrology, BRB Hospitals Ltd., Dhaka, Bangladesh</td>
<td>Bangladesh</td>
<td>Bangladesh</td>
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<tr>
<td>ISN Mission &amp; Vision</td>
<td>Prof. Harun Ur Rashid Professor and Senior Consultant Kidney Foundation Hospital and Research Institute</td>
<td>Bangladesh</td>
<td>Bangladesh</td>
</tr>
<tr>
<td>CKD as a public health problem: How to develop new models of diagnosis and treatment</td>
<td>Prof. Vivekanand Jha Consultant Nephrologist The George Institute for Global Health INDIA</td>
<td>India</td>
<td>India</td>
</tr>
<tr>
<td>CKD U</td>
<td>Prof. Dr. Narayan Prasad Chair ISN South Asia Regional Board Professor and Head Department of Nephrology Sanjay Gandhi Post Graduate Institute of Medical Sciences Lucknow, INDIA</td>
<td>India</td>
<td>India</td>
</tr>
<tr>
<td>Palliative care in CKD</td>
<td>Prof. Muhammad Rafiquil Alam Professor of Nephrology Bangabandhu Sheikh Mujib Medical University (BSMMU) Deputy Chair ISN South Asia Regional Board</td>
<td>Bangladesh</td>
<td>Bangladesh</td>
</tr>
<tr>
<td>Selection of Marginal Donor in Transplant</td>
<td>Dr. Md Shoeb Noman Associate Professor Department of Nephrology Kidney Foundation Hospital and Research Institute</td>
<td>Bangladesh</td>
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</tr>
<tr>
<td>MTB in Post Renal Transplant</td>
<td>Prof. Harun Ur Rashid Professor and Senior Consultant Kidney Foundation Hospital and Research Institute</td>
<td>Bangladesh</td>
<td>Bangladesh</td>
</tr>
<tr>
<td>ATG vs Basilimab Risk of infections</td>
<td>Prof. Dr. Narayan Prasad Chair ISN South Asia Regional Board Professor and Head Department of Nephrology Sanjay Gandhi Post Graduate Institute of Medical Sciences Lucknow, INDIA</td>
<td>India</td>
<td>India</td>
</tr>
<tr>
<td>Battle against Post Transplant Infection</td>
<td>Prof. Dr. Dibya Singh Shah Dean and Head of Nephrology and Nepal</td>
<td>Nepal</td>
<td>Nepal</td>
</tr>
<tr>
<td>Induction therapy in Low Immunological Risk in Transplant Recipients</td>
<td>Dr. D.U.S Ratnagula (MBBS (Colombo), MD ,ISN Scholar (Edinburgh)</td>
<td>Sri Lanka</td>
<td>Sri Lanka</td>
</tr>
<tr>
<td>Diagnosis of AKI</td>
<td>Prof. A.B.M Mobasher Alam Professor and Head Department of Nephrology Rangpur Medical College and Hospital Rangpur</td>
<td>Bangladesh</td>
<td>Bangladesh</td>
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### Lifestyle changes for ADPKD patients

<table>
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<tr>
<th>AKI in Sepsis and Critical Care</th>
<th>Drug and Contrast Induced AKI</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Md Nurul Huda, Professor &amp; Head, Department of Nephrology, Chittagong Medical College, Chattogram</td>
<td>Prof. Md. Babru Alam, Professor, Department of Nephrology, National Institute of Kidney Disease &amp; Urology, Dhaka</td>
</tr>
</tbody>
</table>

**Malnutrition in Dialysis**

- **Prof. Kaz Shahnor Alam, Professor and Head, Department of Nephrology, National Institute of Kidney Disease and Urology, Dhaka**

**Ethical Kidney Transplant in the developing world**

- **Prof. Mirza Naezi Zafar, PhD, Professor of Pathology, Head of Research and Publication, SIUT, Karachi**

**Equity in Transplant**

- **Prof. Dr. Dibya Singh Shah, Dean and Head of Nephrology and Transplant Medicine, Nepal**

**Transplant in Sri Lanka**

- **Dr. D.U.S Ratnapala, MBBIS (Colombo), MD, ISN Scholar (Edinburgh)**

**Infectious Complication: CAPD**

- **Prof. Mohammad Shaikub Uz Zaman Arefin, Department of Nephrology, Kidney Foundation Hospital and Research Institute, Dhaka**

**Green Nephrology**

- **Prof. Dr. Muhammad Magdi Yaqoob, Professor, Consultant, Department of Nephrology, Royal London Hospital, United Kingdom**

**Big data, Artificial Intelligence and Kidney Care**

- **Prof. Vivekanand Jha, Consultant Nephrologist, The George Institute for Global Health, India**

**Role of SGLT 2 inhibitor and Selective MRA in DKD**

- **Prof. Shamim Ahmed, Professor of Nephrology, Kidney Foundation Hospital and Research Institute, Dhaka**

**Dietary Modification to Prevent Kidney Stone Recurrence: Does it Work?**

- **Prof. M. Muhibur Rahman, PhD Nephrology (London), MRCP (UK), FCPS (Med), Prof of Nephrology, Popular Medical College, Dhaka**

### Day 02 - 1st October 2023

**Lifestyle changes for ADPKD patients**

- **Prof. Curie Ahn, Division of Nephrology, National Medical Center, Secretary-General, Asian Society of Transplantation, Korea**

**Is Early dialysis better than Late Dialysis?**

- **Dr. Katherine Bennett-Richards, Consultant Nephrologist and General Physician, Barts Health NHS Trust, United Kingdom**

**Twice weekly Vs Thrice weekly Dialysis**

- **Prof. Haron Ul Rashid, Professor and Senior Consultant, Kidney Foundation Hospital and Research Institute, Bangladesh**

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Oral Presentation at 19th Annual Convention & Scientific Seminar of Kidney Foundation

Poster Presentation at 19th Annual Convention & Scientific Seminar of Kidney Foundation

Foreign Delegates Visited Kidney Foundation:
Research Grant

Name – Gender Disparity in Kidney Transplant
Sponsor – The Asian Society of Transplantation (AST)
Amount - 2500 USD$

7th Annual Convention & Scientific Seminar of Kidney Foundation Hospital And Research Institute, Bonogram, Pabna held on 23rd December 2023 at Bonogram, Pabna.

Training Session Started with Daffodil International University, Department of Food & Nutrition
Tamilnad Kidney Research Foundation

The last quarter of 2023 saw a flurry of activities involving TANKER Foundation and its trustees and staff. There was a book release function, a CME, awards to be proud of and the usual activities of spreading awareness and conducting screening camps.

Patients, staff tell their stories

‘Shining the Light of Hope – The Healing Touch’, a book by TANKER Foundation inspired by Founder Trustee, Dr Georgi Abraham, was released by Greater Chennai Corporation Commissioner, Dr. J. Radhakrishnan, at a glittering function in November 2023.

Dr. Georgi Abraham inspired TANKER patients and staff, who are called Angels on Earth by Managing-Trustee, Mrs. Latha A. Kumaraswami, to write their stories.

The patients narrated how they overcame their battle with kidney disease, and the staff talked about their long stint with TANKER Foundation.

This book, in English and Tamil, is a first-of-its-kind. Dr. Radhakrishnan said the book would be a promotive book along with being a preventive one and encourage and give hope to people with kidney disease. He said long after people were gone, this book would be there for future generations to learn from.

Dr. Georgi Abraham said the book was a testimony to the fortitude and courage of patients and staff, and that their stories needed to be told.

Latha dedicates award to TANKER

Rotary Club of Tirupur North presented the Service to the Humanity Award to TANKER Foundation Managing Trustee, Mrs. Latha A. Kumaraswami, in December 2023.
After receiving the award in a glittering function got up in Tirupur for the various awardees, Mrs. Latha Kumaraswami said she was dedicating the award to the TANKER family. She recalled how TANKER Foundation was started 30 years ago in a small way with the involvement of nephrologist, Dr Georgi Abraham.

It is a team effort that has won the award, she said, and dedicated the award to also the trustees, donors, patients and staff, whom she calls Angels on Earth.

**New machine for TANKER unit**

A new haemodialysis machine, donated by Adhyan Charitable Trust, was inaugurated October 2023 at the Retteri unit of TANKER Foundation by Ms. Anjana Kovoor, Operations Head of the Trust. Ms. Kovoor said the Trust was appreciative of TANKER Foundation’s efforts in reaching out to the needy.

TANKER Foundation Managing-Trustee, Mrs. Latha A. Kumaraswami, Head Admin, Mrs. Vasanthi Ravichander, Deputy General Manager, Mrs. S. Geetha, Senior Manager, Mr. Guganathan, enabler, Mrs. Usha, and staff members were present in strength during the inauguration.

Mrs. Latha Kumaraswami thanked Greater Chennai Corporation, CMCHIS, Rotary Club of Chennai Towers and other valuable donors for their regular support.

**Time to guide**

TANKER Foundation Founder Trustee, Dr. Georgi Abraham, visited the Wayanad Mission Hospital in Wayanad, Kerala, October 2023. He was in the hospital to help them set up a dialysis unit with guidance from TANKER Foundation.
CME on Kidney Health for All

The key takeaways for people at the CME programme held November 2023, with the theme ‘Kidney Health for All’, were exercise and diet, awareness, screening and timely check-ups to prevent chronic kidney disease (CKD). Participating as the chief guest, Tamil Nadu Health Secretary, Mr. Gagandeep Singh Bedi, IAS, laid stress on the fact that kidney disease was increasing and there was a need to address the issue. He praised the work of Good Samaritans like TANKER Foundation, Kidney Warriors, MOHAN Foundation and NephroPlus who were involved in raising awareness on kidney health.

The five sessions that followed the inauguration were very informative and were moderated by Nephrologists. Many issues like the disease burden in Tamil Nadu & India, cardiologist's views, the role of diabetes in kidney disease, ophthalmologists’ concerns, kidney disease during pregnancy and the great role general physicians can play were discussed and highlighted. Patients were also part of the panel and added a whole lot of meaning to the proceedings. Dr. T.S. Selvavinayagam, Joint Director, Department of Health & Family Welfare, Dr. N. Gopalakrishnan, Dr. Suresh Sankar, Dr. Sivaraman, Dr. Arvind Canchi and several eminent doctors participated.

Gold seal of trust

TANKER Foundation has won the Gold Seal of Trust from Give India. Here is the congratulatory message:

‘We, at Give, are delighted to extend our heartfelt congratulations to the entire team of Tamilnad Kidney Research (TANKER) Foundation on achieving the Gold Seal of Trust after undergoing the extensive due diligence process at Give. Your unwavering commitment to excellence, dedication to serve and adherence to best practices will surely help in delivering large-scale projects to create the required impact on the ground.

‘This remarkable achievement reflects not only your expertise but also your tireless efforts in ensuring that your organization adheres to the most rigorous standards of diligence in every aspect of your operations. Your diligence has not only safeguarded the interests of your beneficiaries but has also helped in earning the trust and confidence of your donors and other stakeholders.'
‘As a recognition for achieving the Gold / Silver seal of Trust, we are delighted to present a certificate of excellence for your organization celebrating this achievement.’

**Conference calls**

Indian Society of Organ Transplantation (ISOT), of which TANKER Foundation Founder President, Dr. Georgi Abraham, is the President, held its 33rd annual conference October 2023, in Kolkata, West Bengal. TANKER Foundation was represented at the conference by TANKER Foundation Managing Trustee, Mrs. Latha A. Kumaraswami, Head Admin, Mrs. Vasanthi Ravichander, and Advisory Member, Mrs. Sudha Lakshmi Rao.

Mrs. Latha Kumaraswami honoured Dr. Kamal Shah of Nephroplus on the conference stage. TANKER Foundation had also set up a stall jointly with IFKF-WKA at the venue, ITC Royal Bengal, and received visitors.

Mrs. Latha Kumaraswami warmly received Mr. Vivek Gupta of La Renon Group, one of the generous enablers over the years of TANKER Foundation. Ms. Shallini Rai Singhal and Ms. Priyanka Budhiraja of MediArt Life Sciences TANKER Foundation enablers, visited the joint IFKF-WKA and TANKER stall at the conference.

Dr. Saravanan of Abirami Kidney Care, Erode, who came to the stall, was honoured with the TANKER memento.

Mr. Yogesh Puri of Steadfast MediShield, who had been enabler and supporter of TANKER Foundation for many years, dropped by at the stall.

**Picking up another award**

The Ambattur dialysis unit of TANKER Foundation received ‘Best Performer Certificate Award’ from Tiruvallur Collector, Dr. T. Prabhushankar, IAS, during the celebration of CMCHIS-AB PMJAY 5th annual day October 2023.
A philanthropist at 9!
There is so much that one can write about Jit, the nine-year-old, who has been published at this young age. Jitspeed has written a book ‘Legend of Icarus – Flight of Destiny – Unveiling the Mythical Odyssey’. That is a mouthful of tough words for even a grown-up. But Jit has been able to dip into Greek mythology, and give it a clever, modern spin for his story. So, the young author needs to be celebrated for his literary prowess.

Jit, son of TANKER Foundation Advisory Member, Ms. Vidhya Arumugam, has dedicated the book to his late father’s memory. Jit showed his excellent upbringing in a more precious way also. His book flew off the shelves and was sold online also. Armed with the proceeds from the sale of his book, Jit trekked up to the TANKER Foundation admin office in Chennai, November 2023, and handed over the cheque as donation to Head Admin, Mrs. Vasanthi Ravichander.

Touched to the core by the young boy’s generous gesture – instead of angling for a new shoe, splurging on a new phone or gadget – Jit gave the money to help the kidney patients being cared for by TANKER Foundation.

A big heart in a young body!

Receiver turns donor
Over the years, TANKER Foundation has seen that many patients themselves become donors for TANKER. In a heartwarming gesture, Mr. Sriram, a patient who uses the Madurai dialysis unit, donated a wheelchair to TANKER Foundation November 2023. Though it is a used wheelchair, it looks like new and would be very useful for the unit. The Madurai unit staff gratefully accepted the thoughtful donation from Mr. Sriram and honoured him with the TANKER memento, which is a personalised, special, ceramic mug.

Mission accomplished!
The TANKER Awareness and Prevention (TAPP) team of TANKER Foundation has conducted many awareness programmes and screening camps. But the awareness programme they held at Chinna Porur, Chennai, October 2023, would remain special.
The awareness programme was conducted by TAPP team member, Mrs. Deepa, and she was assisted competently by Ms. Jeevarani V, an intern from D.G. Vaishnav College, Chennai. While Ms. Jeevarani gave an introduction, Mrs. Deepa gave an awareness talk about kidney disease.

At the end of it, one among the 110 participants gave a fantastic feedback. The man said many people just generally say control BP and sugar; but only after this awareness programme he came to know about the significance of controlling BP and sugar. The TAPP team felt that all its hard work was paid off.
Tamilnad Kidney Research Foundation
Forthcoming Events

Kidney Health For All

Advancing equitable access to care and optimal medication practice

ICRN 2024
Hyderabad, India

ICRN & SRNMCON 2024
21st Congress of the International Society of Renal Nutrition and Metabolism in collaboration with Annual Conference of Society of Renal Nutrition and Metabolism 2024

Conference Theme:
RENAL NUTRITION: EXPANDING HORIZONS

BLOCK YOUR DATES!

28 29 30 31 August 2024, Hyderabad, India

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