India Renal Foundation

The Journey of Service Continues…

India Renal Foundation (IRF) continues its commitment to kidney care through awareness, prevention, and support for patients in need. From educating communities about kidney disease to helping economically disadvantaged patient's access treatment, our journey of service remains steadfast.

Every year, 13 August is observed as World Organ Donation Day to promote awareness of organ donation after brain death. With the growing need for organ transplantation and the continuing gap in cadaveric organ donation, IRF established its *Jeevandan* programme in 2006 to dispel misconceptions and encourage informed organ donation pledges.

During this quarter, IRF's chapters conducted organ donation awareness programmes and encouraged participants to pledge their organs. Through its *Save A Life* programme, the Foundation also provided financial assistance of ₹ 1, 77,292 to 66 kidney patients for haemodialysis, post-transplant medicines, and AV fistula surgery. In addition, 16 patients received dialysers and blood tubing.

We express our sincere gratitude to our committed donors, particularly Mr. Rashmikantbhai Shah, member of the Ahmedabad Local Advisory Committee, and Narayan Powertech Limited, Vadodara, whose continued support strengthens our efforts to reach patients in need.

Under the *Prerana* programme, IRF's Bhavnagar Chapter has initiated a free outpatient service for kidney patients at the Indian Red Cross Society, Bhavnagar Branch. Patients receive specialist medical guidance and essential medicines free of cost. We sincerely thank Dr. Tanmay Vagh, Nephrologist, and the Indian Red Cross Society, Bhavnagar, for making this service possible.

With the support of our donors, medical professionals, volunteers, and well-wishers, IRF looks forward to reaching more people through awareness and patient-support initiatives.

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During this quarter, IRF conducted kidney awareness programmes and blood pressure and diabetes screening camps at various institutions and community locations.






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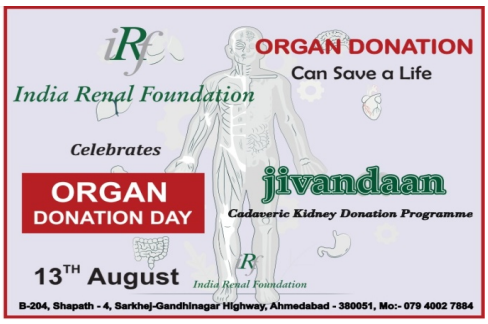

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World Organ Donation Day

Organ Donation Awareness Campaign



Despite the growing need for organ transplantation, cadaveric organ donation remains limited, largely due to lack of awareness and misconceptions. Through its *Jeevandan* programme, launched in 2006, IRF works throughout the year to provide accurate information, encourage organ donation pledges, and promote awareness across communities.

Ahmedabad

IRF participated in an exhibition at **Gulmohar Golf and Country Club Limited** during Independence Day celebrations, distributing informative organ donation booklets. Dr. Siddharth Mavani, Nephrologist, addressed guests and residents on organ donation after brain death, the Transplantation of Human Organs Act, and the donation and transplantation process. A free blood pressure and diabetes screening camp was also organised at Prahladnagar Municipal Garden.





Gandhinagar

An organ donation awareness session was conducted for Gujarat Government Health Department employees during a training programme at **Randheja Gujarat Vidyapith**. Through a presentation, participants learned about organ donation after brain death and were encouraged to pledge their organs and spread awareness.



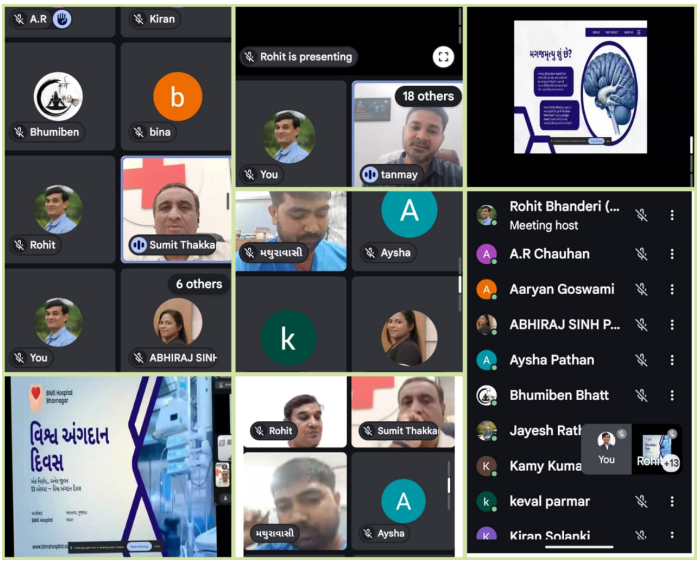
Bhavnagar

On 13 August, students and teachers of **T. B. Jain School** participated in an organ donation awareness rally. Beginning at 10:00 a.m., the rally passed through the main roads of Bhavnagar and concluded at Peel Garden, with participants carrying placards and sharing awareness messages.

A webinar was also organised, with Dr. Tanmay Vagh, Nephrologist, as the principal speaker. Mr. Sumitbhai Thakkar, member of the Bhavnagar Advisory Committee, also shared information on organ donation and the donation process.

IRF further conducted an awareness session for first-aid training candidates at the **Indian Red Cross Society**. Participants learned about organ donation after brain death and the relevant legal provisions, completed pledge forms, and expressed their willingness to promote awareness.







Mehsana

An organ donation awareness programme reached approximately 300 students and faculty members at Laxmiben Homeopathic Institute and Research Centre, Bhandu. The programme introduced future medical professionals to cadaveric organ donation and encouraged them to carry this message into their professional and community work.



Since 2002, IRF's *Save A Life* programme has supported economically disadvantaged kidney patients with haemodialysis treatment, post-transplant medicines, and AV fistula surgery.

During this quarter, 16 patients received dialysers and blood tubing, while 66 patients received financial assistance totalling ₹1,77,292 for haemodialysis, post-transplant medicines, and AV fistula surgery. This support helps patients continue essential treatment and maintain their quality of life.

A Mother's Gift, A Daughter's Second Chance at Life

Drasti Parmar's Journey of Courage, Love and Hope

Hii..My Name is Drasti. I was diagnosed with Systemic Lupus Erythematosus (SLE), commonly known as lupus, in 2013. After years of health challenges, my kidneys failed in 2021, and I had to undergo dialysis.



Nearly two years of treatment were physically and emotionally difficult, but I never gave up hope.

On **28 August 2023**, my mother donated one of her kidneys and gave me a second chance at life. Her love and sacrifice remain my greatest strength.

The India Renal Foundation (IRF) has been an important source of support throughout my journey. Its monthly financial assistance helps ease the ongoing cost of treatment. IRF's patient activities also give us opportunities to connect, share experiences, and find encouragement in one another.

Living with SLE and caring for my health after transplantation remain part of my daily life. With my mother's love, my family's support, and IRF's assistance, I continue to move forward with hope.

I hope my story reminds other patients that even during the most difficult times, **hope and support can make a meaningful difference.**







ઈન્ડિયા રીનલ ફાઉન્ડેશન કિડનીના રોગ અંગે વિનામૂલ્યે કેમ્પ યોજાશે

ભાવનગર : ઈન્ડિયા રીનલ ફાઉન્ડેશન અને ઈન્ડિયન રેડક્રોસ સોસાયટીના સહયોગથી તા.14/6 રવિવારે સવારે 10 કલાકે કિડનીના રોગો અંગે વિના તથા યોગ્ય સલાહ આપવામાં આવશે અને ડાયાલિસિસ દરમિયાન ખોરાકમાં પરેજી તથા ટ્રાન્સપ્લાન્ટ થયા પછી યોગ્ય દવાઓ અને પરેજી કઈ રીતે